



## Tropical Wellness in Sri Lanka

Imagine comfortable room in private villa few steps from the golden beach, swimming in the warm blue ocean waves, relaxing massages & ayurvedic healing treatments. Body-mind-soul renewal. Harmony & tranquility recovery. Boost of energy & joy of life! De-stress & detox in an exotic beach setting!







## Especially for You 7-day reneval package including:

- \* airport transport
- \* accommodation in DBL room in private villa few steps from the beach
- \* healthy ayurvedic diet
- \* cooking workshop
- \* ayurvedic detox natural herbs, spice tea, fruits coctails
- \* consultation with ayurvedic doctor
- \* ayurvedic treatment massage 2,5 h package
- \* meditation for mind control



ADARE BEACH VILLA, Kalawilawatta, Kaluwamodara, Aluthgama, Sri Lanka



www.adarebeachvilla.com

